



What Makes you Happy

Pastor Tim

January 5/6 2019

**Title:** Kelowna

**Bible Text:** Ecclesiastes 2 The text describes the struggle of the author to find genuine happiness and meaning to life in spite of all his accomplishments.

**Going Deeper Questions:**

1. Watch the video which opened the message. (Tourism Kelowna: Some Say This Place Doesn't Exist) Don't try to go too deep or analyze it to death, but either individually or in your group ... just jot down the various premises this video holds about happiness. Chances are you'll list at least 10.
2. Have someone read Ecclesiastes 2 out loud. Again, no need to go too deep, yet, just point out the incredible similarities between the video and this chapter ... and yet the completely contradictory conclusions they reach.
3. Acknowledge the joy you experience from nice things and blessings. Share two or three blessings in life that bring you real pleasure. (don't make everything too spiritual – if you enjoy a good round of golf or a great bargain on beautiful shoes, say so!) Challenge each other as to how you can find ways to express gratitude for what you have. Remember: while “things” may not make you truly happy – gratitude does.
4. Talk about the reality of changing circumstances. Discuss how fragile circumstances are. Share a time in your life when everything was going fabulously, and then in a heartbeat – changed. How are you learning to find joy in hard seasons?
5. “The common denominator among happy people is peace.” Do you agree with that statement? Discuss the concept that ultimately happiness is found when there is peace with God and others.

**Never Stop Praying:**

- For Hope, Strength and Clear Vision as we move into 2019
- For those who came to our Christmas Eve Services, that they would take their next step towards Jesus
- For our Teaching Team, Pastors Wayne, Tim & Scott as they prepare each week