



## What Makes You Happy?

Pastor Wayne

January 12/13, 2019

**Title:** Me

**Bible Text:** Galatians 5:19-23

**Big Idea:** This text describes two very different paths: One path is “me being all about me at great cost to others”. The other path is “me learning how to joyfully and generously give myself away to others”. The path you choose to travel matters as it will to a large degree determine your ultimate happiness.

### **Going Deeper Questions:**

- Cycle back to Week One of this series: Have you seen and experienced Kelowna differently this week? How so?
- In what ways does our culture propose that a better, upgraded, near perfect you will make you happy?
- How have you pursued a greatly improved you only to be disappointed once you thought you had arrived?
- Why does the idea of giving yourself away seem so counter intuitive to becoming a happier you?
- Read Galatians 5:13-26.
- Regarding the acts of the sinful nature, verses 19-21, which ones cause you to stumble most frequently?
  - How have you learned to resist or avoid these unhealthy, never-satisfied appetites?
- Regarding the fruit of the Spirit, verse 23, which ones seem to be increasingly alive in you?
  - How might you grow in each of these nine life-giving qualities?
- How might you ‘give yourself away’ through serving and caring for others this week?

### **Never Stop Praying:**

- For those beginning a new journey towards Jesus this New Year
- That we would move from complacency in our Faith towards a contagious, compelling, Joy filled relationship with Jesus
- For those being baptised Jan 19/20 weekend